**Course Description**

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| **Course Title** | | | | Special Topics in Nutrition | **Course Code** | **BNDL06** |
| **Program** | | | | Therapeutic Nutrition and Dietetic | **Level** | 4th  level |
| **Credit Hours** | | | | 2 | **Pre-requisites** |  |
| **Course Description:** | | | | | | |
| This course provides students with the opportunity to integrate their knowledge of clinical and community dietetics and management principles with special topics in nutrition. It aims to enable the student to form the foundation of effective practice to correct nutritional insufficiencies and promote optimal health through various teaching strategies designed to support or improve the quality of life.  Students will be guided through lectures, self-directed problem solving, assignments, and discussions. Evaluation will be conducted throughWritten reports, Field work assessment, Oral presentations. | | | | | | |
| **Topics Covered:** | | | | | | |
|  | The content of course topics will be determined by the student with academic supervision in the department according to new topics or trends in nutrition or promotion specific topics related to clinical nutrition and dietetics at all. | | | | | |
|  | **Mid exam** | | | | | |
|  | **Final exam** | | | | | |
| **Course Learning Outcomes:** | | | | | | |
| After completing this course, students would be able to: | | | | | | |
|  | **Recognize new current topics in clinical nutrition and dietetics.** | | | | | |
|  | **Identify the relationship between nutrition and health.** | | | | | |
|  | **Explore the nutritional problems that are caused by specific diseases.** | | | | | |
|  | **Plan and apply the nutritional treatment according to individual case study.** | | | | | |
|  | **Assess/evaluate appropriate nutritional care or diet therapy for the patients.** | | | | | |
|  | **Conduct and submit seminar in current topics related to Clinical Nutrition and Dietetic.** | | | | | |
|  | **Practice methods and technology in presentation of the topics.** | | | | | |
|  | **Act as a member of a team and practice within ethical and legal framework as a professional.** | | | | | |
| **Textbooks:** | | | | | | |
|  | | L. Kathreen Mohan, (2012), Krause’s Food and the Nutrition Care Process, 13th edition, Elsevier, USA. | | | | |
|  | | Carroll A. Lutz, MA, RN, (2008), Nutrition and Diet Therapy: Evidence-Based Applications, 4th edition, Jaypee, New Delhi. | | | | |
| **Course Assessment:** | | | | | | |
| **No.** | | | **Assessment Tasks** | | **Mark** | |
|  | | | Students' presentation and reports | | 20 | |
|  | | | Midterm Exam | | 20 | |
|  | | | Final Exam | | 60 | |
| **Total** | | | | | **100** | |